

Taunton Youth Football Club Community Trust

Nurturing sporting intelligence: better than last week, but not as good as next week



We provide a youth programme for football players in the Under 11 to Under 16 age groups. Our programme is open to anyone who has an interest in playing football, all are welcome! We offer two levels of participation:

Training:

All players within the same age group train together each week. We welcome players who predominantly play their games for a grass roots team but who aspire to play at a higher level. They will have the opportunity to be selected for the match squad if we see the right quality, attitude and endeavour on display.

Match Programme:



This is for players who have demonstrated an ability to perform at a standard above their local grass roots league. They will form part of the squad picked to play matches in the Junior Premier League.

<https://juniorpremierleague.com/>

Our Aims and Objectives:

The purpose of our club is to advance amateur football, to promote participation in healthy recreation and to encourage young people (school years 6-11) to get involved. Any child of qualifying age, regardless of footballing ability, is welcome to come and train with us (subject to club capacity).

Our intention is that all players (training groups and match squads) will be developed to a level where they maximise their potential. Our aim is to develop players for the highest level of football possible; this links in with our education partner, Bridgwater & Taunton College & University Centre Somerset, so that post school year 11 players move into a college style football academy scheme.

Adopting The FA's four corner player development model, we:

- Develop technical and tactical understanding in relation to the game (Technical/Tactical).
- Create opportunities for players to improve their decision making and problem solving (Psychological).
- Enable players to develop their physical attributes in relation to the game (Physical).

- Guide the players to be responsible and respectful in relation to their colleagues, coaches, their opponents, the game and their community (Social).

Our 'Big Challenging Goal' is for all of our players to retain a sense of love for an active life and continue playing football (at whatever level is appropriate for them) after they have left full-time education.

How we do this:

We provide an environment where the players can express themselves without fear of making mistakes. Allied to this we foster a growth mind-set in terms of what is achievable for each player.

We actively encourage players to practise new skills and be daring in their approach to play. To underline that structure is an important facet of team play, each player will have a clear set of responsibilities for each position they might be asked to occupy.

Regular constructive feedback is used to underline our philosophy – mainly on a verbal basis with the players, but involving parents as and when appropriate. We always try to appreciate how our words are perceived and understood.

Our coaching focuses on four key components:

- Co-ordination
- Concentration
- Commitment
- Communication

We also help players understand the benefits of following a healthy lifestyle.

How to join us:

Before each season we hold a series of open sessions for players to express their interest in joining and staying with our club. Dates for these sessions will be publicised on our website, Twitter and on Facebook and are free to attend. All players who have been training with us previously are expected to attend.

The open sessions consist of a series of training exercises and practise games where players are provided with opportunities to express themselves and their abilities based around:

- General fitness (Physical)
- Determination/resilience (Psychological)
- Talent (Technical)
- Motor skills (Physical)
- Capacity to improve (Technical)
- Ability to follow direction (Tactical)
- Team ethic (Social)
- Aptitude for problem solving (Psychological)

Safe Respect Learning:

We acknowledge our responsibility to look after the welfare of every child and young person entrusted to us. We are committed to working to provide a safe environment for all players with emphasis upon promoting high standards of behaviour in sport and daily life.